## COACHING PACKAGE LEVEL 01 GETTING STARTED

### INTRODUCTORY COACHING SESSION + ONLINE COURSE

#### Level 01 Package Includes:

- Core Language Upgrade (regular price \$299)
- 90 Minute Coaching Session with Mark England

In this package we begin the process of addressing **your personal story** and **examine the language you currently use** to define it.

We will begin the refinement process, **creating clearer language** on what is it that you want to do and how to acheive it.

After completing both the course and the introductory coaching session, you'll gain **clarity**, **focus** and a greater **understanding** of what has held you back in the past.

#### **Price: \$999**

Already enrolled in Core Language Upgrade? Deduct your course purchase price from our Level 01 Coaching Package!

"So much has happened in the last year. It's hard to describe the support and love I have received from working with Mark. Not only has he taught me how to express myself better, he has also helped me birth, grow and develop ideas for my business."

-Siobhan Dumigan, Classical Dance + Performance and Events Coordinator



# COACHING PACKAGE LEVEL 02 MASTERY COACHING

## THREE MONTH INTENSIVE GOAL + STORY CRAFTING

#### **Level 02 Package Includes:**

- Six (6) 60 Minute Coaching Sessions with Mark England
- Conducted over Three Consecutive Months
- Customized Language + Story Progression PDF

Our Level 02 Coaching Mastery package will address **your specific pattern**, **goal** or **issue** over the course of several months.

Through journaling techniques, language exploration and breathing exercises these regularly scheduled sessions will create a **structured**, **strategic environment** to develop new habits while mitigating old patterns.

#### **Price: \$4400**

Available exclusively to clients who have completed our Level 01 Coaching Package

"My one-on-one Procabulary coaching sessions are priceless. Recently, I was going through some extremely stressful times. Using Procabulary, Mark helped me work through these stories and feelings. The coaching sessions changed my thoughts and outlook...and helped me feel less stressed and more empowered."

**-Kara Silva**, Entreprenuer and Competitive Athlete



## COACHING PACKAGE LEVEL 03 YOUR PERSONAL COACH

### ANNUAL CONCIERGE COACHING SERVICE

#### **Level 03 Package Includes:**

- Twenty-Four (24) 60 Minute Coaching Sessions
- Delivered Twice (2) per Month for on Calendar Year
- Coaching Hotline Need Help? Mark is available within 24hrs
- Limited to ONLY THREE (3) CLIENTS per year

For clients looking for to have a personalized Procabulary coach by their side who you can depend on whenever and wherever they need a voice of guidance, support and encouragement, Procabulary is proud to present our Annual Concierge Coaching Service: Your Personal Coach.

Due to the intensive time commitment, the package is only offered to **maximum** of **three (3) concurrent clients**.

Price: \$16,500

Available exclusively to clients who have completed our Level 02 Coaching Package.

"Mark helped me remove the doubt and uncertainty from my language and focus on my goals. One of these goals was to become a writer...something I was too scared to do before. I've now completed writing courses and have started my novel.

Thank You Mark!!!"

-Sarah Gajek, Director, The Marketing Label

